

Bloom N Bubbles
Nutrition Label
VIRIDESCENT GREENS

Nutrition Facts	
1 serving per container	
Serving size	16 oz (454g)
Amount per serving	
Calories	110
% Daily Value *	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 340mg	15%
Total Carbohydrate 22g	8%
Dietary Fiber 8g	29%
Total Sugars 7g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 250mg	20%
Iron 4.7mg	25%
Potassium 1330mg	30%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Cucumber, With Peel, Raw, Celery, Raw, Chard, Swiss, Raw, Kale, Raw, Lemons, Raw, Without Peel, Parsley, Fresh