

# Bloom N Bubbles Nutrition Label Mega Green

8:44 PM 9/15/2019  
Page 1 of 1

<b>Nutrition Facts</b>	
1 serving per container	
<b>Serving size</b>	<b>16 oz (454g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>200</b>
	<b>% Daily Value *</b>
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 200mg	<b>9%</b>
<b>Total Carbohydrate</b> 42g	<b>15%</b>
Dietary Fiber 5g	<b>18%</b>
Total Sugars 28g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 5g	
Vitamin D 1.8mcg	8%
Calcium 450mg	35%
Iron 2.4mg	15%
Potassium 690mg	15%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9      •      Carbohydrate 4      •      Protein 4</small>	

**INGREDIENTS:** Beverages, Almond Milk, Unsweetened, Shelf Stable, Mangos, Raw, Pineapple, Raw, All Varieties, Spinach, Raw, Kale, Raw, English Muffins, Mixed-Grain, Toasted (Includes Granola), Raspberries, Raw

**CONTAINS:** almonds, milk