

# Bloom N Bubbles Nutrition Label Mango Berry

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<b>Nutrition Facts</b>	
1 serving per container	
<b>Serving size</b>	<b>16 oz (454g)</b>
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<b>Amount per serving</b>	
<b>Calories</b>	<b>190</b>
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	<b>% Daily Value *</b>
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 65mg	<b>3%</b>
<b>Total Carbohydrate</b> 44g	<b>16%</b>
Dietary Fiber 8g	<b>28%</b>
Total Sugars 27g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 4g	
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Vitamin D 0.7mcg	4%
Calcium 190mg	15%
Iron 1.7mg	10%
Potassium 750mg	15%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Strawberries, Raw, Beverages, Almond Milk, Unsweetened, Shelf Stable, Mangos, Raw, Bananas, Raw, English Muffins, Mixed-Grain, Toasted (Includes Granola), Blueberries, Raw, Peppermint, Fresh

CONTAINS: almonds, milk